



Year 1

Spring 1



Topic

Time Travellers

In this unit, the children will:

- In Geography, we will learn about the British Empire.
- In History, we will be looking at Kings and Queens.
- In DT, we will be learning about healthy eating and making healthy snacks.

Key facts

- In Geography, we will learn what a country is and which countries are still in the British Empire. We will be using atlases to help identify different parts of the world.
- In History, we will learn about kings and Queens of the past, focusing on Queen Victoria and the Victorian time period. We will compare the past and present and order events on a timeline.
- In DT, we will learn about how we can have a healthy diet. Using our knowledge we will design, make and evaluate a healthy snack, focusing on using equipment safely and being hygienic.

Key Vocabulary

continents, countries. Oceania, Europe, Africa, N America, S America, Antarctica, Asia, Australia, New Zealand, Egypt, India, Bahamas, Jamaica, atlas, king, queen, Victorian, artefact, timeline, past, chronological, past, present, compare, knives, cutting, healthy, unhealthy, water, exercise, rest, sleep, mental health.

Kid's Healthy Eating Plate



What came before:

Reception 'Exploring the natural world'

What comes next:

Year 2 'Healthy Bodies' and Year 3 'Moving to Thrive' and