



# Wooden Hill Primary School

## *Physical Education Statement*

### **Intent**

At Wooden Hill School, we follow REAL PE which is a unique, child-centred PE scheme focusing on being inclusive, challenging and supportive of every child. It is fully aligned to the new National Curriculum and Ofsted requirements and focuses on the development of fundamental movement skills such as agility, balance and co-ordination. Children are given the opportunities to apply these progressive skills in engaging and fun activities. The scheme also focuses on developing the emotional, social and cognitive skills by developing the ethos of healthy competition and co-operative learning. Through PE lessons, the children will develop many non-physical skills such as creativity, resilience, perseverance, communication and confidence that can be applied in all aspects of school life.

### **Implementation**

The teaching and implementation of the Physical Education Curriculum at Wooden Hill School is taught by a combination of class teachers and PE specialists who work collaboratively together. Through REAL PE's lesson structure and differentiated activities, every child has opportunities to take part and be successful where effort, participation and development is supported. We teach the National Curriculum via REAL PE's progression of skills. This ensures that skills and knowledge are built on year by year and sequenced appropriately to maximise learning for all children.

At Wooden Hill School, the PE curriculum is structured to develop a range of physical and social skills that can be applied to a multitude of sporting contexts. We strive to ensure all children progress from their personal starting point by developing balance, co-ordination, agility and overall fitness. During KS2, children will also have a series of structured swimming sessions to ensure that they are confident in the water.

Additional to our curriculum based Physical Education, we aim to inspire a love of extra-curricular sporting activities. Wooden Hill School frequently participates in many of the Bracknell Forest sporting events throughout the academic year. Children benefit from participation in: multi skills workshops, athletics, football tournaments, tennis matches, cricket skills workshops and many more.

### **Impact**

The PE curriculum aims to improve fitness and wellbeing of all children at Wooden Hill School not only through the skills taught, but through the underpinning values that PE promotes. We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun.

From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary

skills and physical literacy to enjoy sport and fitness, with the hope they grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.