

**Wooden Hill Primary and Nursery School**

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Headteacher

Mrs Joanna Lagares

1<sup>st</sup> March 2021

Dear Parents and Carers,

**Wellbeing and Growth Mindset**

At the heart of what we do at Wooden Hill is the wellbeing of all our children. We are particularly aware after this last lockdown that when the children return to school they will be needing our support even more. To adjust to being back in school, to working through their thoughts and feelings about lockdown and how it has impacted on them. We are thinking very carefully as we prepare for the children's return as to how we will do this. It will include tailored PSHE sessions for the children with lots of opportunities to discuss and express creatively how they are feeling and what they are thinking.

Alongside the wellbeing of the children, we believe in the importance of developing a growth mindset. We have done quite a bit of work with the children in the past on having a growth mindset but we are bringing it to the fore in our work with the children as they return and moving forward. This means developing skills of resilience, independence, collaborative learning and reflective learning.

With this in mind, we wondered if any of you would be able to help us in a practical way. For the younger children we are introducing them to four animals that represent the growth mindset skills.

Tough Tortoise – Determination and resilience  
Team Ant – working together and collaborative learning  
Sensible Squirrel – Independence, responsibility and resourcefulness  
Wise Owl – Respect and a reflective attitude

We would like to supply each class in Early Years and Key Stage One with a set of stuffed animals to support this learning. As you will know, money is very tight for schools these days and we are no exception therefore would you be able to help us in making our animals? Maybe you could commit to making a class set or knitting all of the ants for us!

If you think you could help us, please contact the school office. We would like to provide the classes with their animal sets by the beginning of May.

Thank you in advance.

Yours sincerely,

A handwritten signature in black ink that reads "N. M. Leigh-Hunt".

Miss Naomi Leigh-Hunt

PSHE and Wellbeing Lead/Key Stage Two Lead