



Communication and Language

- Provide opportunities for your child to make marks using different resources e.g. pencils, sand, mud, foam.
- Read stories to your child and encourage to describe what they can see in the pictures.
- Sing songs together e.g. Nursery Rhymes.



Personal, Social, Emotional and Development

- Encourage your child to change their clothes independently.
- Remind your child to flush the toilet and wash their hands when they have been to the toilet.
- Encourage your child to discuss how they are feeling and ask for help when they need it.



Physical Development

- Talk about the changes that happen to their bodies during exercise.
- Thread buttons and beads on a string.
- Encourage them to try out different ways of moving e.g. running, skipping, hopping etc.

All About Me

Ideas to support your child's learning at home



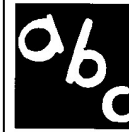
Expressive Art and Design

- Draw a picture of their family and ask them to tell you about their picture.
- Construct, collage or paint / model a picture of themselves.
- Cut and stick pictures of people / characters from catalogues or magazines.



Understanding of the World

- Talk about your family tree / history.
- Encourage your child to look in a mirror and discuss their features e.g. eye colour, hair colour.
- Talk about your bodies, how many body parts can they name?



Literacy

- Visit the library and enjoy looking at books together.
- Encourage your child to act out a simple story.
- Encourage your child to make marks using different materials e.g. pencils, chalk, paint etc.



Maths

- On a journey, encourage your child to count how many cars, trees, people they see on the journey.
- Encourage your child to count out objects as they play e.g. food, fingers or toys.
- Encourage your child to find different shapes around the home or when out in town.
- Look at numbers on houses – can they recognise any of the numerals?